

STAR BRAZILIAN JIU JITSU



3730 N. JOSEY LANE
SUITE #114
CARROLLTON, TX
75007
214-727-9550
www.starbjj.com
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MULTIPLE MEMBERSHIP OPTIONS

Little Cubs 4-6 yo
Little Lions 7+
Kids Boxing/Muay Thai 7+

MANDATORY:
STAR JIU JITSU
UNIFORM &
EQUIPMENT

DAILY SCHEDULE

MONDAY

6:00 AM Brazilian Jiu-Jitsu
5:00 PM Kids Boxing/Muay Thai
6:00 PM Brazilian Jiu-Jitsu No Gi
6:00 PM Muay Thai
7:00 PM Wrestling

TUESDAY

5:15 PM Little Cubs Kids BJJ
6:15 PM Little Lions Kids BJJ
6:30 PM Adult Boxing
7:30 PM Brazilian Jiu-Jitsu

WEDNESDAY

6:00 AM Brazilian Jiu-Jitsu
5:00 PM Kids Boxing/Muay Thai
6:00 PM Brazilian Jiu-Jitsu
6:00 PM Muay Thai
7:00 PM Wrestling

THURSDAY

5:15 PM Little Cubs Kids BJJ
6:15 PM Little Lions Kids BJJ
6:30 PM Adult Boxing
7:30 PM Brazilian Jiu-Jitsu No Gi

FRIDAY

6:00 AM Brazilian Jiu-Jitsu
5:00 PM Kids Boxing/Muay Thai
6:00 PM All Kids BJJ
6:00 PM Muay Thai
7:00 PM Wrestling

SATURDAY

10:00 AM All Kids BJJ
11:00 AM Adult Boxing
11:00 AM Brazilian Jiu-Jitsu

SUNDAY

11:00 AM BJJ Open Mat

1:00 PM Wrestling